



Kale, Spinach & Cashew Pesto

Yield about: 1 ½ cups

Preparation Time: 8 minutes

Cooking Time: 8

Ingredients:

- 2 cups Kale, ribs removed
- 1 cup spinach, washed and rinsed
- 1 cup olive oil or more to taste
- 1 lemon, squeezed
- 3 garlic cloves
- ½ cup cashews, soaked overnight
- 2 tablespoons nutritional yeast
- ½ tsp salt or more to taste
- ¼ cup water
- ¼ cup parmesan cheese or vegan alternative. (Optional)

Instructions:

1. Add kale, spinach and olive oil to a blender. Blend until well combined.
2. Add the rest of the ingredients and blend until well combined.
3. Add more water if needed.
4. Feel free to add more seasonings depending on your taste and uses.